

Hospice Volunteers of Waterville Area Newsletter

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HVWA Has changed our Facebook Community page to a fan page. WE NEED YOU TO LIKE US ON FACEBOOK. This is a great way for us to continue to provide updates about HVWA.

Dear HVWA Volunteers,

Did you know you can meet your financial goals and support the programs and services provided by HVWA? Planned giving offers you the opportunity to live your life to the fullest now and leave a legacy for the future.

Bequests are a way to provide a legacy of caring for terminally ill patients as well as children who have lost a loved one when they need it most. By including HVWA in your will or estate plan, you are helping to ensure supportive **hospice volunteer services** as well as continued support of our **children's bereavement programs**.

Through a will or revocable trust, you can specify that some or all of your assets come to HVWA. Please don't forget that HVWA can also be named the beneficiary of a life insurance policy. If you have any questions, or would like to discuss planned giving options, please call Susan Roy, at 873-3615 ext. 13.

News from Marilyn Pelletier, Volunteer Coordinator



Education Hours:

With the beginning of the new year, let's take this opportunity to re-group. As you know, the hours that you volunteer for HVWA and the education hours that

**Jillian Roy, Youth
Services
Coordinator**

**Sarah Swift-
Simons,
Bereavement
Services
Coordinator**

**Barbara
Radziewicz,
Direct Care
Volunteer Assistant**

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you accrue are vital to us all.

The survey we sent each of you recently, demonstrates that many of you are not sure how many education hours you have to date, so we have compiled the hours that you have accumulated for your information. For those of you who completed your training this year, you automatically have 20 hours toward your education status. Remember, in the survey we sent, there was a bright pink slip of paper that explained the different methods of getting education credits. If you can't find it, call us & we'll send you another one.

Volunteer Education

Medicare requires all patient/family volunteers complete 8 hours of education annually - *after their first year as a volunteer*. In order to retain active status, volunteers need to meet this education requirement by their anniversary date. To assist you we have listed below your anniversary date and education hours posted through November 30, 2011.

Newsletter News:

We are pleased to announce that beginning this month, you will be getting the HVWA Newsletter via postal service. We found that using e-mail was not an effective method of communicating for everyone and in the survey, the majority of you expressed your preference in this manner. Should you prefer email, please let us know at 873-3615. We can accommodate you either way.

Volunteer Support Night:

January 23rd, the fourth Monday of the month and therefore our Volunteer Support Night, from 6:00pm to 8:00 pm will be a discussion about RSVP. The speaker, Linda Rood will be explaining how our HVWA Volunteers will benefit from belonging to this organization. Come see your fellow volunteers and have the opportunity to ask questions.

I look forward to seeing you then. Know that my door is always open to you and thank you for all you do. You make a difference.
Marilyn

Programs and Services

Sarah's Corner



Bereavement Update

In mid January we will be starting an **Infant Loss Group** and in the spring a couple new groups: **Survivors of Suicide** and **Creative Healing through Grief**. If you are currently trained or interested in training to facilitate a group, please contact Sarah Swift-Simons, 873- 3615 ext. 15. As always, all volunteers who have taken the Direct Care Training are qualified to make one-on-one bereavement visits; just let me know if this is an interest of yours.

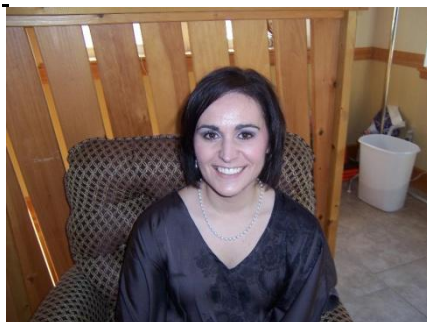
Programs and Services

Introducing Jennifer Burgess - HVWA Librarian



After receiving my Hospice Volunteer certification on October 15th, I stepped into the role of librarian in the Hospice office. I have a deep love of books in general, and was thrilled to be assigned the responsibility of taking care of the many wonderful books in the lending library. There are a variety of authors and many topics related to Death & Dying, the role of Hospice, Spiritual and Personal Experience, to name just a few. The Hospice lending library is a great supportive resource for the people being served by Hospice, and the community as a whole. I have wanted to volunteer with Hospice for some time, through direct care, and providing energy healing and support by sharing Reiki with Hospice clients and their loved ones. I also have enjoyed the ongoing trainings and have just recently completed training at the beautiful new Hospice wing at Togus. I am excited and honored to be a part of this organization, working with the amazing clients, staff and volunteers, and to be the caretaker of the library and its resources.

Jillian's Corner



The next session of our Hope's Place program will start January 12th at 6pm. If you know anyone that could benefit, please give them my contact information, 873-3615 ext 19, jfortin@hvwa.org.

On Jan 5th, Hospice Volunteers of Waterville Area will have a table in Augusta at the **Hall of Flags** from 11am - 2pm for **Hospice and Palliative Care Day**, we would love for you to stop by and check it out!!!!



Sincerely,

Sue
Susan Roy, Executive Director
Hospice Volunteers of Waterville Area

Have a wonderful month!