

*What is
Maine Hospice Education Day?*

A full day of workshops and camaraderie for anyone who has interest in learning about and providing quality end-of-life care and grief support. Workshops are also offered on various ways one can practice good self care. Participants have opportunities to network, share stories, gain new and useful information, and have a fun and relaxing day.

- **Hospice Volunteers earn the state required eight hours of continuing education in one day.**
- **Professional CEU's are available.**

Workshops: are filled on a first come, first-serve basis so it is recommended that you register early.

Deadline: **September 15, 2009**
Indicate your 1st, 2nd and 3rd choices on the registration form in this brochure.

Cost: \$50.00 per person includes a buffet lunch, all workshops and materials.
\$25.00 for active Certified Hospice Volunteers



Registration:

There are several ways you can register

1. Complete the registration form in this brochure
2. Register online at www.hvwa.org/hospiceday
3. VISA, MasterCard or Debit card: Call 873-3615
4. Call one of the presenting agencies for info at: 873-3615 ~ 474-7775 ~ 626-1779
5. Contact your local Hospice agency for a brochure

Vendor Space is Available:

(Subject to committee approval)

Contact : Deb Thurston at 873-3615 x 11
or dthurston@hvwa.org

Workshop descriptions and presenter bios are available on request and online
www.hvwa.org/hospiceday

Please remember to provide your phone number, U.S. Postal and email addresses on the registration form.



Keynote Speaker

Susan Poulin
in
"The Full Angel"



In "The Full Angel," award-winning writer and performer Susan Poulin creates a series of concise, arresting vignettes that chronicle the death of her mother, her family's struggle and courage, and the healing power of love. In a surprising combination of humor, guilt, despair, and acceptance, Susan creates a portrait of a family reshaped by circumstances beyond their control. This moving, searingly honest memoir will make you cry, make you smile, and make you grateful for the people in your life. "The Full Angel" is a celebration of life, loss, love, and hope. Susan Poulin has been creating and touring her original theatrical productions since 1992. she has been selected by Portland Magazine as one of the "Ten Most Intriguing People in Maine." Visit her web site at <http://www.poolyle.com/>

**Comedy Relief at the end of the day
A Visit With Ida**



Ida LeClair lives in Mahoosuc Mills, a small town in western Maine, with her husband Charlie. When Ida's not busy telling you about living life the way it should be, she works as a cashier at Super Food World (formally the A & P) and moonlights doing books for the Smitty's Hardware and the Mahoosuc Mills Mainely Maine store. Her hobbies are country line dancing, crafts and having adventures with her friends, the Women Who Run With the Moose. Ida is featured in Bruce Littlefield's *Garage Sale America*. For more on Ida visit : www.idaswebsite.com



Maine

Hospice Education Day

September 30, 2009

8:00 am - 4:30 pm

Holiday Inn Conference Center

375 Upper Main Street

(195 exit 130)

Waterville, Maine



Organized and Presented by:

**HealthReach Hospice &
Volunteers of Kennebec Valley
Hospice Volunteers of Waterville Area
Hospice Volunteers of Somerset County, Inc.**



For more information:

www.hvwa.org/hospiceday

or

call one of the presenting agencies at:

873-3615 ~ 474-7775 ~ 626-1779

**Partially funded by grants from
Maine Health Access Foundation
The Unity Foundation**

Schedule



- 7:00-8:00 Registration
- 8:00-8:30 Opening Remarks
- 8:30-10:00 Susan Poulin, keynote speaker
"The Fallen Angel"
- 10:30-11:45 Workshop A
- 12:00-1:00 Lunch and networking
- 1:00-2:15 Workshop B
- 2:30-3:45 Workshop C
- 4:00-4:30 Closing and Evaluations
"A Visit with Ida"

You must submit your completed evaluation to receive certificate of attendance

_____ I have physical limitations and will need your help moving between workshops

Workshops & Presenters

- 101 A Dementia care: Comfort and Compassion at Journey's End
Pam Brown, R.N. HealthReach Hospice
- 102 A "The Cycles of Grieving with ALS"
An ALS Panel Discussion
Maine ALS Collaborative
- 103 A Alternative Funerals
Chuck Lakin, Hospice Volunteer
- 104 A Grieving Children Ages & Stages
Jillian Fortin and Deb Thurston,
Hope's Place, HVWA, Waterville
- 105 A B ALS - Caregivers & Resources
Ron Hoffman, Founder and Executive Director of Compassionate Care ALS
- 106 A Spiritual Care
Rev. Rachel Taber Hamilton, MGMG
- 107 A B Hemi-Sync ®, a technique developed in collaboration with Elisabeth Kubler-Ross. Presented by Stephanie Rae and Christine Kenna
- 108 A B Masculine Grief
Rich Roughgarden, Hospice Volunteer
- 109 B How Alzheimer's affects family caregivers by Alzheimer's Association

- 110 B Pediatric end-of-life care
Greg Burns, R.N..
- 111 B Panel discussion: Spiritual and Cultural traditions & considerations at end-of-life (part I)
- 112 B Planning for disability and death: legal and practical perspectives including guidance on preparing Advance Care Directives.
Mark Nale, Esq., Nale Elder Law
- 113 B Comforting and easing the passing through singing and a supportive presence by The Tourmaline Singers
- 114 C Preparing for approaching death: Focusing on comfort and relieving symptoms at the end of life
Thomas Keating, M.D.
- 115 C Demystifying Funerals
Veilleux Funeral Home, Waterville
- 116 C Music at the bedside
Louise Gephart, LCSW
- 117 C ALS: The disease progression
Jackie Fournier, R.N.
- 118 C Panel discussion: Spiritual and Cultural traditions and considerations - bereavement (part II)
- 119 C Anticipatory Grief during the course and decline of a life-threatening illness.
Mark Jose, LCSW, HealthReach Hospice
- 120 C Veterans at end-of-life
Gail Hillstrom, Maine Veterans Home
- 121 C Trade secrets from the experts re neurological disorders by a panel of Physical, Occupational, Speech therapists.

Thank you to our Sponsors:



Nale Law Offices
Elder Law Attorneys
207-873-4301
www.nalelaw.com



Redington-Fairview General Hospital

Cedar Ridge Center for Health Care
Waterville Home Oxygen

Registration:

Make checks payable to:
Hospice Volunteers of Waterville Area.

Complete this registration form and return with payment to:

Hospice Education Day

Hospice Volunteers of Waterville Area
304 Main Street
Waterville, Maine 04901

Rooms are set aside at a special conference rate at the Holiday Inn . Make arrangements directly with the Holiday Inn by September 20th. 1-800-785-0111

Name _____

Street/PO Box _____

City _____

State _____ Zip code _____

Phone _____-_____-_____

Email _____

(Confirmations will be sent by email only on request)

Number of registrations & total cost

_____ x \$50.00 = \$_____ .00
 _____ x \$25.00 Hospice Volunteer = \$_____ .00
 Donation = \$_____ .00
 Total cost = \$_____ .00

_____ Please contact me about a vendor space

Please fill out the information below to pay by credit or debit card.

Payment by credit card:

I wish to pay a total of \$_____ ._____ on my:

_____ VISA _____ Master Card _____ Debit

Account Number _____

ID (3 digit # on back of your card) _____

Expiration date: _____ - _____

Signature _____

Please indicate your Workshop Choices:

	1st choice	2nd choice	3rd choice
A	_____	_____	_____
B	_____	_____	_____
C	_____	_____	_____