



A program of Hospice Volunteers of Waterville Area

304 Main Street • P.O. Box 200
Waterville, ME 04903-0200
(207) 873-3615 • Fax: (207) 873-5094
hospiceinfo@hvwa.org • www.hvwa.org

HOPE'S PLACE VOLUNTEER FACILITATOR TRAINING

Monday

Chime - Opening
Welcome - Training Overview
Ice Breaker - Interaction Piece
Hospice Orientation; History & Philosophy
Reflective Listening/Communication Skills
Chime
Post Group Discussion

Wednesday

Chime - Opening
Group Practice/Process - Model
Spirituality
Being a True Helper/Dominoes
Psychological Perspectives on Death & Dying/Self Care
Chime
Post Group Discussion
Closing - Tao Reading

Saturday

Chime
Group Practice/Process
Personal Loss Awareness - Timeline
Dougy Center Video & Discussion
What about Me? Video
Clay Pot Exercise
Healing the Feeling Child
What is HP really like for a family?
Chime
Post Group Discussion
Closing - Tao Reading

The order of these classes may change based on availability of speakers.

PRE-REGISTRATION REQUIREMENTS: COMPLETED APPLICATION, 30 MINUTE INTERVIEW, TWO LETTERS OF REFERENCE FROM SOMEONE WHO IS NOT RELATED TO YOU. THERE IS A \$50 PROCESSING AND MATERIALS FEE TO BE PAID AT THE TIME OF YOUR INTERVIEW.



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Monday

Chime
Group Practice/Process
Anticipatory Grief
Stages of Dying
Rituals, Goodbyes, & Funerals
Grief, Loss, Transition
Chime
Post Group Discussion

Thursday - Night of Service

Chime
What to expect tonight at Hope's Place
Pre-Group
Hope's Place Peer Support Groups
Post Group
Role of Consultant
Training Group-Post Group Discussion

Saturday

Chime
Group Practice/Process
Expressing Natural Emotions - Jacob Watson Video
HP Age Appropriate Activities
Stages of Grief
Facilitator's Role at HP
Boundaries with facilitators/families
Group Practice/Process
CROH, Services, Boundaries, Ethics,
Volunteer Role
Logistics, Continuing Education, What's
Next, Evaluations, Certificates

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